



PADDLE ADAPTER



ROWSport

The Paddle Adapter transforms the Concept 2 Indoor Rower into a machine that simulates the single blade dragon boat and outrigger stroke while making use of the Indoor Rower's performance monitor to measure stroke rate and power output, as well as elapsed time and distance in metres. The Paddle Adapter can also use the heart rate monitoring function of the performance monitor.

Highly effective tool for training and measuring the performance of dragon boat and outrigger paddlers.

Remove the guesswork from crew selection and maximise your boat speed.

Allows for a quick change between rowing and paddling modes and will fit either the Concept 2 Model C or Model D Indoor Rower.

Train in the convenience of a gymnasium, fitness centre, or your own home!

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